

Both children and adults in the pre-school are required to ensure a healthy environment by preventing the spread of germs through effective handwashing. These practices are built into the daily routine of the pre-school.

Mealtimes:

Before mealtimes the children are directed to wash their hands. Generally, they are sent from mat-time to wash their hands individually and supported by the person on the toileting roster

One staff member will accompany the children to ensure that

- each child pulls up their shirt sleeves
- each child uses the foam soap provided
- they rinse and dry their hands with the paper towels provided
- staff can draw the children's attention to the wall-chart showing effective hand-washing techniques
- adults will also wash their hands to ensure they are clean when handling food and to model hygienic hand-washing techniques.

Toileting:

Staff will teach children to wash their hands after using the toilet. This will begin when they are still in nappies. After changing a nappy the staff member will wash their hands alongside the children.

Other times children will need to wash their hands:

- after touching animals
- after messy play
- after blowing their nose

Reviewed	25 August 2025
Review partners	Lead Teacher, Staff, Parents
Next review date	June 2027
Signed:	
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